



Sunday, February 10, 2008

11:00 a.m.

**Wright State University
Student Union**

FREE

Wilderness Medicine Expo

Physicians from the Department of Emergency Medicine at Wright State’s Boonshoft School of Medicine will give presentations and hold small group workshops on wilderness safety, preparation, and survival. These hour-long sessions are designed not only for sports enthusiasts but also for anyone who ventures outdoors.

- “Wilderness ABCs and Packing Your Med Kit” 11:00 a.m.
Presented by Jason R. Pickett, M.D.
- “Bites and Stings in the Wild” 12:15 p.m.
Presented by Christopher Calvert, M.D.
- “Injuries in the Wild; Heat, Cold, & Broken Bones” 1:30 p.m.
Presented by Brian Springer, M.D.

WORKSHOPS:

- 1. C-Spine immobilization; how to secure a possibly broken neck in the outdoors
- 2. Field-expedient litters; how to carry someone to help, with stuff you brought along already
- 3. Reducing fractures; how to help save some limbs while you’re in the back country
- 4. Packing a med kit; see what goes in it, and how to use it if you need it

The Department of Emergency Medicine has presented Wilderness Medicine Expo six times since 2000. This year, the Expo will be incorporated into the Five Rivers MetroParks and Wright State University Adventure Summit. The Adventure Summit is the area’s premiere outdoor adventure exposition that will focus attention on Dayton as the region’s emerging outdoor recreation cultural center. The event is free and open to outdoor enthusiasts of all ages and interest levels.

